



Report on

“On Health Camp at Abhaypur Village in collaboration with NSS”

Date: Saturday: March 26, 2022

Speaker: Ms. Silky Sethi, Associate Prof. SMAS and Ms. Neha Minocha, Asstt. Prof. SMAS

Convenor: Ms. Silky Sethi, Associate Prof. SMAS

Coordinators: Ms. Neha Minocha, Asstt. Prof. SMAS

Mr. Prashant. Asstt. Prof. SMAS

Venue: Govt. School Abhaypur, Sohna

Introduction: Health Society Club, in a successful collaboration with Vision of India NGO. Gram Sudhar Samiti and the Abhaypur Gram Utthan Bahu-Udeshya Sahakari Samiti conducted this health check-up camp at Government Senior Secondary School, Abhaypur, Sohna with the auspicious presence of Pilot Capt. Sharma- Head of Vision of India NGO; Mrs. Rekha Malik- Principal, Government School; Ms. Silky Sethi, Coordinator- Health Society Club; accompanied with her colleagues Ms. Neha Minocha and Mr. Prashant

Objective: Medical camps are conducted by health professionals to carry out a limited health intervention amongst the underprivileged community. The poor attend these camps to get free check-up and treatment. Getting the appropriate kind of health checkup is vital for every human being and while considering it, some important factors like age, lifestyle, family background, and risks are taken into account.

Content for the event: The camp accounted for a cheerful presence of around 150 students aged from 10 -16 years along with the staff of the school. The free camp provided tests for yes haemoglobin count, Blood Glucose level, Body Mass Index (BMI) and Blood pressure for all the individuals. Ms. Silky Sethi along with Ms. Neha Minocha consulted complacently with all the children and staff of the school. 14 students of SMAS assisted the coordinator in making this health check-up a successful event. Mr. Prashant helped managing crowd and abide by the Covid protocols. A few enlightening words of wisdom were also delivered by Capt. Sharma and Ms. Silky Sethi, highlighting the importance of health, time and education


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in today's world filled with hustle and chaos. Miniature plants of endangered species were exchanged as memento between NGO and club heads. Volunteers of the Camp were also given nutritious snacks after the selfless deed of students. A few words of conclusion as an acknowledgment to the NGO related to the malnutrition condition of females and low BMI in children in the government school were also discussed with solutions and revisiting plans were encapsulated.

Attendees: 150

Outcomes: Health examinations and tests at the early stages of the illness can help to cure it faster and save a life before it can cause any damage. One can live longer and healthier only when the individual gets the right kind of health check-up, screening, and treatments. Even the most basic check-ups can identify underlying illnesses.

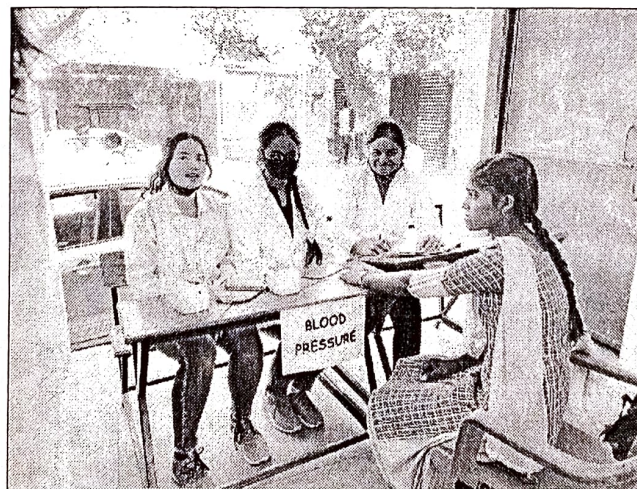
Conclusion:

A free health camp can be considered as a life-saving program that aims to provide free medical to poor communities living in rural by a mobile team with varieties of medical specialized services.

Further Scope:

To create awareness of general health among the people, provide general health care services and counselling them on basic healthcare and hygiene.

Geotagged & Non-Geotagged Photos:



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Photo 1: Student Coordinators checking the blood pressure of senior students



Photo 2: Student Coordinators checking the BMI of girls



Photo 3: Ms. Silky instructing the students about yoga positions

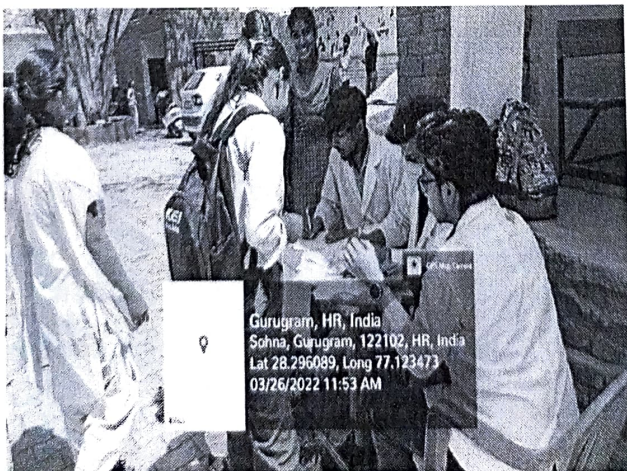


Photo 4: Registration desk at camp

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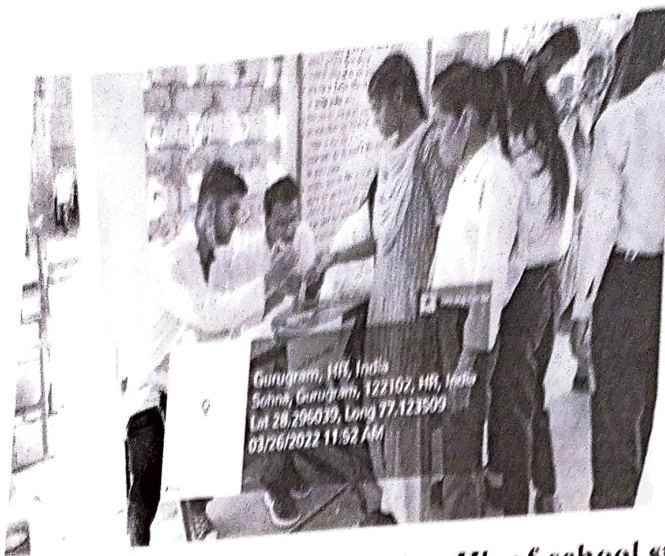


Photo 5: Student Coordinators checking Hb of school students



Photo 6: Ms. Silky instructing the students and teachers about healthy practices to be followed



Photo 7: Ms. Silky checking the blood pressure.

Coordinator:

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Ms. Neha Minocha

Assistant Professor, SMAS



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Name of Activity - Health Camp. at Abhaypur Village

Date: 26/3/2022

Vanue: Abhaypur Village

S. No	Name of Student	Signature
1)	Mannat Kaur Mahol	Mmahol.
2)	Mehak Kochhar	Mehak
3)	SHALU CHAUHAN	Shalu
4)	Dileep Saini	Dileep
5)	Nupur Singh	Nupur Singh
6)	Himani	Himani
7)	Anjali	Anjali
8)	Lakshay	Lakshay
9)	Shyam Babu Sah	Shyam
10)	Bhagidath	Bhagidath
11)	Himanshu	Himanshu
12)	Piyush Sharma	Piyush
13)	Aditya goyal	Aditya
14)	Bivanshu Nagpal	Bivanshu


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Name of Activity Health Camp at Abhaypur Village

Attendance Sheet

Date :- 26/03/22

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